

COCOA BUTTER

Composite Caloric Ratio = 0:0:100:0 (Alcohol:Carbohydrate:Fats:Protein)

Composite Completeness Score = 1

Composite Fullness Factor (FF) = 0.5

Composite ND Rating = 1.1

Composite eGL = 0

Composite IF Rating = -288

PROTEIN & AMINO ACIDS TOTAL		%DV
Protein	0 g	0
Tryptophan	0 mg	
Threonine	0 mg	
Isoleucine	0 mg	
Leucine	0 mg	
Lysine	0 mg	
Methionine	0 mg	
Cystine	0 mg	
Phenylalanine	0 mg	
Tyrosine	0 mg	
Valine	0 mg	
Arginine	0 mg	
Histidine	0 mg	
Alanine	0 mg	
Aspartic acid	0 mg	
Glutamic acid	0 mg	
Glycine	0 mg	
Proline	0 mg	
Serine	0 mg	
Hydroxyproline	0 mg	
FATS & FATTY ACIDS TOTAL		%DV
Total Fat	100 g	154
Saturated Fat	59.7 g	299
4:00	0 mg	
6:00	0 mg	
8:00	0 mg	
10:00	0 mg	
12:00	0 mg	
13:00	~ mg	
14:00	100 mg	
15:00	~ mg	
16:00	25396 mg	

17:00	~	mg
18:00		33199 mg
19:00	~	mg
20:00	~	mg
22:00	~	mg
24:00:00	~	mg
Monounsaturated Fat		32.9 g
14:01	~	mg
15:01	~	mg
16:1 undifferentiated		200 mg
16:1 c	~	mg
16:1 t	~	mg
17:01	~	mg
18:1 undifferentiated		32596 mg
18:1 c	~	mg
18:1 t	~	mg
20:01		0 mg
22:1 undifferentiated		0 mg
22:1 c	~	mg
22:1 t	~	mg
24:1 c	~	mg
Polyunsaturated Fat		3 g
16:2 undifferentiated	~	mg
18:2 undifferentiated		2800 mg
18:2 n-6 c,c	~	mg
18:2 c,t	~	mg
18:2 t,c	~	mg
18:2 t,t	~	mg
18:2 i	~	mg
18:2 t not further defined	~	mg
18:03		100 mg
18:3 n-3, c,c,c	~	mg
18:3 n-6, c,c,c	~	mg
18:4 undifferentiated		0 mg
20:2 n-6 c,c	~	mg
20:3 undifferentiated	~	mg
20:3 n-3	~	mg
20:3 n-6	~	mg
20:4 undifferentiated		0 mg
20:4 n-3	~	mg
20:4 n-6	~	mg
20:5 n-3		0 mg

22:02	~	mg		
22:5 n-3		0 mg		
22:6 n-3		0 mg		
Total trans fatty acids	~	g		
Total trans-monoenoic fat	~	g		
Total trans-polyenoic fatty	~	g		
Total Omega-3 fatty acids		100 mg		
Total Omega-6 fatty acids		2800 mg		
STEROLS	TOTAL		%DV	
Cholesterol		0 mg		0
Phytosterols		201 mg		
Campesterol	~	mg		
Stigmasterol	~	mg		
Beta-sitosterol	~	mg		
VITAMINS	TOTAL		%DV	
Vitamin A		0 IU		0
Retinol		0 mcg		
Retinol Activity Equivalent		0 mcg		
Alpha Carotene		0 mcg		
Beta Carotene		0 mcg		
Beta Cryptoxanthin		0 mcg		
Lycopene		0 mcg		
Lutein+Zeaxanthin		0 mcg		
Vitamin C		0 mg		0
Vitamin D	~	IU	~	
Vitamin E (Alpha Tocopherol)		1.8 mg		9
Beta Tocopherol	~	mg		
Gamma Tocopherol	~	mg		
Delta Tocopherol	~	mg		
Vitamin K		24.7 mcg		31
Thiamin		0 mg		0
Riboflavin		0 mg		0
Niacin		0 mg		0
Vitamin B6		0 mg		0
Folate		0 mcg		0
Food Folate		0 mcg		
Folic Acid		0 mcg		
Dietary Folate Equivalents		0 mcg		
Vitamin B12		0 mcg		0
Pantothenic Acid		0 mg		0
Choline		0.3 mg		
Betaine	~	mg		

OTHER	TOTAL		%DV	
Alcohol		0 g		
Water		0 g		
Ash		0 g		
Caffeine		0 mg		
Theobromine		0 mg		
CALORIE INFORMATION	TOTAL		%DV	
Calories		884 (3701 kJ)		44
From Carbohydrate		0 (0.0 kJ)		
From Fat		884 (3701 kJ)		
From Protein		0 (0.0 kJ)		
From Alcohol		0 (0.0 kJ)		
From Carbohydrate		0		
From Fat		884		
From Protein		0		
From Alcohol		0		
CARBOHYDRATES	TOTAL		%DV	
Total Carbohydrate		0 g		0
Dietary Fiber		0 g		0
Starch		0 g		
Sugars		0 g		
Sucrose		0 mg		
Glucose		0 mg		
Fructose		0 mg		
Lactose		0 mg		
Maltose		0 mg		
Galactose		0 mg		
MINERALS	TOTAL		%DV	
Calcium		0 mg		0
Iron		0 mg		0
Magnesium		0 mg		0
Phosphorus		0 mg		0
Potassium		0 mg		0
Sodium		0 mg		0
Zinc		0 mg		0
Copper		0 mg		0
Manganese		0 mg		0
Selenium		0 mcg		0
Fluoride	~	mcg		
CALORIES	FF	RATING	QTY	
884	100%	0.5	1.1	1 x